



BREAKFAST

— THE —
BRIDGEWATER EXCHANGE
• MANCHESTER •

Classic Plates

The BIG Breakfast 17.00

Blakeman's Cumberland pork sausages, back bacon, Bury black pudding, eggs any style, baked beans, flat mushroom, roasted tomato, buttered toast and potato tots
Choose from: fried (1375 kcal) or scrambled (1446 kcal) eggs

Veg Market Breakfast VG 14.00

Vegan sausages, smashed avocado, rainbow peppers, flat mushroom, roasted tomato, potato tots, mixed grains and baked beans (734 kcal)
Add fried (+242 kcal) *or scrambled eggs V* (+326 kcal) **2.00**
Add a slice of toast V (+214 kcal) **2.25**

The Number ONE 14.00

Blakeman's Cumberland pork sausage, back bacon, Bury black pudding, eggs any style, baked beans, flat mushroom, roasted tomato and potato tots
Choose from: fried (989 kcal) or scrambled (1060 kcal) eggs
Add a slice of toast (+214 kcal) **2.25**

Bridgewater Breakfast Hash 12.50

Bury black pudding, rainbow peppers, house brown sauce, baby spinach, jalapeños and potato tots. Topped with a fried free range egg (901 kcal)
Go vegan! Ask for your hash with our vegan sausage and no egg VG (876 kcal) **11.50**

ADD FRESH OJ 4.75 (134 kcal)

DEAD GOOD EGGS

Smoked Salmon & Scrambled Eggs 13.50

Delicious smoked salmon with creamy scrambled eggs on buttered toast
Choose from:
white (705 kcal), brown (745 kcal) or gluten free *GF* (674 kcal) bread

Scrambled Eggs V 10.00

Creamy free range scrambled eggs served on buttered toast
Choose from:
white (609 kcal), brown (628 kcal) or gluten free *GF* (587 kcal) bread
Add back bacon (+172 kcal) **2.50**

Eggs Benedict 11.75

Back bacon rashers, poached eggs and hollandaise sauce served on an English breakfast muffin (639 kcal)

Eggs Bury-dict 11.75

Bury black pudding, poached eggs and hollandaise sauce served on an English breakfast muffin, finished with crispy bacon pieces and house brown sauce (777 kcal)

Eggs Royale 12.75

Smoked salmon, poached eggs and hollandaise sauce served on an English breakfast muffin (540 kcal)



SWEET THINGS

American Style Pancakes 11.25

Three buttermilk pancakes topped with bacon rashers and served with maple-flavoured syrup (1083 kcal)

MCR Style Pancakes V 11.25

Three buttermilk pancakes with homemade Vimto compote, fresh berries, and coconut yoghurt (787 kcal)

Vimto French Toast V 12.50

Thick brioche French toast with homemade Vimto compote, fresh berries, coconut yoghurt and nutty granola (769 kcal)

FRESH & LIGHT

Smashed Avocado VG 10.50

With vegan style feta, fresh coriander, lime, breakfast radish, sweet chilli dressing on an English breakfast muffin (475 kcal)
Gluten free option available V (487 kcal)

Toast & Preserves V 4.25

Two slices of toasted white (336 kcal), brown (355 kcal) or gluten free (223 kcal) bread served with butter or flora (+32 kcal) and a selection of preserves
Ask your server for the selection of preserves available when ordering

Fruity Granola Bowl V 7.65

Oat granola with fresh berries, coconut yoghurt, homemade Vimto compote and maple-flavoured syrup (790 kcal)

Porridge 6.00

Made with your choice of water *VG* (184 kcal), coconut *VG* (248 kcal) or semi-skimmed *V* (280 kcal) milk
Add:

Fresh strawberry, banana and maple syrup VG (+121 kcal) **50p**
or Homemade Vimto compote V (+45 kcal) **50p**

Freshly Baked Croissant V 3.75

All butter croissant with butter and a selection of preserves - ask your server for today's selection (342 kcal)

Danish Pastries V 4.25

Freshly baked every day - ask your server for today's selection

BREAKFAST BARMS

Classic Barm

A soft white bread roll filled with your choice of:

Back Bacon Rashers (520 kcal) **7.00**

Blakeman's Cumberland Pork Sausages (566 kcal) **7.00**

Free Range Fried Eggs V (472 kcal) **7.00**

Flat Mushrooms & Smashed Avocado VG (322 kcal) **7.00**

Bridgewater Ultimate Barm 10.50

Blakeman's Cumberland pork sausage, fried egg, back bacon and Bury black pudding (676 kcal)

ADD POTATO TOTS! 3.25 (264 kcal)

HOT DRINKS

Espresso	single (1 kcal) 3.00	double (1 kcal) 3.50
Macchiato	single (5 kcal) 3.00	double (11 kcal) 3.50
Americano (13 kcal)		3.75
Cappuccino (134 kcal)		4.00
Café Latte (145 kcal)		4.00
Flat White (97 kcal)		4.00
Mocha (185 kcal)		4.00
Hot Chocolate (224 kcal)		4.25
Yorkshire Tea (0 kcal)		3.25
Fruit & Herbal Teas (0 kcal)		3.50
Ask a team member for the choices		
<i>Decaf coffee available</i>		
<i>Milk & Alternatives:</i>		
<i>Semi-skimmed V Coconut VG</i>		

SOFT DRINKS

Still Sparkling Water 330ml (0 kcal)	3.75
Coca-Cola (136 kcal)	4.75
Diet Coke (1 kcal) Coke Zero (1 kcal) Sprite Zero (4 kcal) Fanta Zero (3 kcal)	4.50
Vimto Fizzy Original 330ml (63 kcal)	4.25
Appletiser 275ml (132 kcal)	3.75
San Pellegrino 330ml Limonata (77 kcal) Aranciata (67 kcal)	4.25
Cawston Press 330ml Elderflower Lemonade (7 kcal)	4.25
Ginger Ale 200ml (44 kcal)	3.75
Ginger Beer 200ml (40 kcal)	3.75
Fruit Juices	4.00
Orange (154 kcal) Apple (158 kcal) Pineapple (172 kcal) Grapefruit (163 kcal) Tomato (154 kcal) Cranberry Juice Drink (163 kcal)	
Fresh Orange Juice (134 kcal)	4.75

SOMETHING A LITTLE STRONGER?

Pomegranate & Elderflower Bellini 12.00

Prosecco, elderflower cordial, pomegranate syrup, pomegranate seeds

Mimosa 11.50

Prosecco, orange juice

Bloody Mary 11.50

Vodka, tomato juice, lemon juice, tabasco, Worcestershire sauce, salt & pepper, mint sprig, lemon wedge, celery stick

V Vegetarian VG Vegan GF No gluten

V These dishes are made from ingredients that do not contain meat or fish. VG These dishes are not made with any animal products. GF Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or no gluten food. *Fish dishes may contain small bones. TRG Concessions only use RSPCA™ Assured Free Range eggs in our restaurants. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details www.restaurantallergens.com/bridgewater. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express. All major currencies are accepted. All prices are inclusive of VAT at the current rate. All prices are in pound sterling. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com | 1752BFST0724



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