

KIDS

A black and white line drawing of a child's hand holding a long stick with a ball at the end, surrounded by leaves and a large insect. The drawing is simple and stylized, with the hand and stick in the foreground and the insect and leaves in the background.

- THE -
BRIDGEWATER EXCHANGE
• MANCHESTER •

BREAKFAST

Served until 11am

Mini Full English 7.25

Choose 4 items from:

Bacon (86 kcal) | Sausage (168 kcal) | Baked beans **VG** (74 kcal) |
Fried **V** (121 kcal) or Scrambled eggs **V** (174 kcal) |
Potato tots **VG** (211 kcal) | Roasted tomato **VG** (20 kcal) |
Toast **V** - white (167 kcal), brown (177 kcal) or
gluten free **GF** (112 kcal) |

Fluffy Pancakes 7.00

Fresh and fluffy topped with:

Maple-Flavoured Syrup **V** (484 kcal) | Bacon & Maple-Flavoured
Syrup (678 kcal) | Strawberries & Strawberry Jam (460 kcal)

Porridge **V** 6.75

Made with your choice of water (141 kcal), coconut (173 kcal)
or semi-skimmed milk (189 kcal), drizzled with honey

Add banana on us! (+38 kcal)

All served with your favourite drink from below!

MAIN MEAL & A DRINK 9.00

Served from 11am

MAINS

Beef Burger

With a choice of side: baked beans (651 kcal)
or skin-on fries (800 kcal)

Add melting cheese on us! (+83 kcal)

Fish[†] & Chips

With a choice of side: baked beans (514 kcal)
or peas (499 kcal)

Grilled Chicken & Mash **GF**

With a choice of side: baked beans (291 kcal) or peas (276 kcal)

Bangers & Mash

With a choice of side: baked beans (531 kcal) or peas (516 kcal)

Mac & Cheese **V**

With salad on side (614 kcal)

DRINKS

Fruit Juice

Apple (63 kcal) | Orange (67 kcal) | Pineapple (68 kcal) |
Tomato (61 kcal) | Cranberry Juice Drink (81 kcal)

Still or Sparkling Water (0 kcal)

Squash

Orange (3 kcal) | Blackcurrant (4 kcal)

Milk

Semi-skimmed (68 kcal) | Coconut (47 kcal)

V Vegetarian **VG** Vegan **GF** No gluten

^V These dishes are made from ingredients that do not contain meat or fish. ^{VG} These dishes are not made with any animal products. ^{GF} Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or non gluten food.

[†] Fish dishes may contain small bones. TRG Concessions only use RSPCA[™] Assured Free Range eggs in our restaurants. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details www.restaurantallergens.com/bridgewater

The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express.

All major currencies are accepted. All prices are inclusive of VAT at the current rate. All prices are in pound sterling. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com 1752KID0724