

MAIN MENU

- THE -
BRIDGEWATER EXCHANGE

• MANCHESTER •

Small Eats

Ultimate Bridgewater Nachos V 11.00

Crunchy tortilla chips topped with jalapeño cheese sauce, tomato salsa, grated Cheddar cheese, smashed avocado, sour cream and sprinkled with fresh chillies, coriander and spring onion (1191 kcal)
Add Bury black pudding (+121 kcal) 2.25

Sticky Chicken Wings 7.25

Tossed in your choice of BBQ (1001 kcal) or Curry (904 kcal), with a little extra on the side for dipping. Sprinkled with fresh chillies, coriander and spring onion

Spiced Chicken Tenders 6.60

Crispy fried chicken served with jalapeño jelly (718 kcal)

Panko Coated Prawns 9.00

With garlic aioli, fresh lime and chilli flakes (503 kcal)

Halloumi Fries V 7.00

Served with jalapeño jelly (611 kcal)

Mac & Cheese Fritters V 8.50

Served with vegan sriracha mayo (525 kcal)

Spicy Cauliflower Bites VG 6.75

Crispy cauliflower bites served with vegan sriracha mayo (313 kcal)

Hummus & Crudites VG 6.75

Traditional hummus served with fresh cut radishes, carrots, cucumber and toasted flat bread (642 kcal)

*Gin to start instead? Try a
Didsbury Raspberry & Elderflower G&T 12.00*

FISH & FIELD

Beer Battered Fish & Chips¹ 17.75

Hand battered with Joseph Holt Ale batter and served with Manchester caviar (mushy peas!), tartare sauce and a fresh lemon wedge (1280 kcal)

Add curry sauce (+34 kcal) 1.75

Add bread & butter (+335 kcal) 2.50

Fish Finger Barm¹ 9.90

Crispy battered cod fingers topped with tartare sauce and fresh watercress sandwiched in a soft bun. Served with skin-on fries and mushy peas (1099 kcal)

Veg Market Brunch VG 14.00

Vegan sausages, roasted peppers, flat mushroom, smashed avocado, roasted tomato, skin-on fries, mixed grains and baked beans (924 kcal)

Add fried (+235 kcal) or **scrambled eggs V** (+326 kcal) 2.00

Mac & Cheese V 11.00

Bridgewater signature mac & cheese, served with a mini side salad (996 kcal)

Veg Makhani VG 14.50

Lightly spiced makhani curry with mixed garden veg. Served with basmati rice, garlic & coriander naan and mango chutney (888 kcal)

Go gluten free!

Our delicious curry without the naan GF (749 kcal) 13.50

Grains & Greens Salad VG 12.00

Fresh mixed leaves, grated carrot with mixed grains with a pineapple dressing (198 kcal)

Add crumbled vegan style feta (+76 kcal) 3.25

Add freshly grilled chicken breast (+191 kcal) 3.25

*These dishes pair best with our... **South African Cullinan View Chenin Blanc 9.95 250ml***

FROM THE HERD

Butter Chicken Curry 15.00

Lightly spiced makhani curry with tandoori chicken thigh pieces. Served with basmati rice, garlic & coriander naan and mango chutney (1223 kcal)

Go gluten free!

Ask for your curry without the naan GF (1086 kcal) 14.00

All Day Brunch 17.00

Blakeman's Cumberland pork sausages, back bacon, Bury black pudding, fried or scrambled eggs, baked beans, flat mushroom, roasted tomato and skin-on fries

Choose from: fried (1346 kcal) or scrambled (1330 kcal) eggs

Ham, Egg & Chips 13.50

Thick slices of hand-carved ham served with two fried eggs, skin-on fries and English mustard (882 kcal)

Go gluten free!

Same great dish without the mustard GF (782 kcal) 13.00

Black Pudding Mac & Cheese 13.50

Bridgewater signature mac & cheese, topped with a Bury black pudding crumb and served with a mini side salad (1117 kcal)

Bangers & Mash 15.25

Blakeman's Cumberland sausages with creamy mash and Joseph Holt Ale and onion gravy (793 kcal)

Add Mixed Veg on the side (+140 kcal) 4.25

Smoky Chicken Caesar 15.00

Freshly grilled chicken breast on a bed of baby gem lettuce, Gran Levanto shavings and crunchy croutons, all drizzled with a smoky Caesar dressing (680 kcal)

Go veggie!

Ask for your salad without the chicken V (489 kcal) 12.00

*These dishes pair best with our... **Chilean Los Romeros Malbec 10.45 250ml***

Proper Pies

Traditional shortcrust pastry pies served with fresh, buttery mash, onion gravy and garden veg

Pie of the Week 16.25

Ask your server for today's filling

Mushroom Bourguignon V 16.25

Mixed mushrooms with silverskin onions and carrots in a smokey red wine sauce (1026 kcal)

BURGERS

All burgers are served with skin-on fries.

Cheese & Bacon Burger 17.50

Our juicy beef burger with sliced tomato, red onion, baby gem lettuce, tomato and chilli relish, mayo and sliced gherkins. All topped with cheese and back bacon (1490 kcal)

MCR Special 18.75

Our delicious beef burger topped with a hash brown, back bacon, cheese, Bury black pudding, ale onions, house brown sauce and fresh watercress (1486 kcal)

Beetroot & Quinoa Burger VG 16.25

A soft vegan patty topped with smashed avocado, grilled peppers, sliced tomato, chilli relish and fresh watercress (1097 kcal)

Spicy Chicken Burger 17.00

Freshly grilled chicken breast topped with cheese, sliced tomato, sliced red onion, jalapeños, gherkins, tomato and chilli relish, baby gem lettuce and mayo (1106 kcal)



For every Spicy Chicken Burger sold we'll donate 50p to 'The School Club Zambia', a UK charity that exists to support schools in Zambia and their pupils. To find out more visit www.schoolclubzambia.org



V Vegetarian VG Vegan GF No gluten

V These dishes are made from ingredients that do not contain meat or fish. VG These dishes are not made with any animal products. GF Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or no gluten food. *Fish dishes may contain small bones. TRG Concessions only use RSPCA™ Assured Free Range eggs in our restaurants. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details www.restaurantallergens.com/bridgewater. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express. All major currencies are accepted. All prices are inclusive of VAT at the current rate. All prices are in pound sterling. We welcome your feedback, please speak to a member of our management team or email us at: concessions@trgplc.com | 1752MNS0724

CHEESY TOASTIES

Topped with melted Cheddar & mozzarella, served with fries or a side salad

Ham & Cheese Melt 10.25

Sliced Wiltshire ham with Cheddar cheese in thick white bloomer bread

Choose from: skin-on fries (1135 kcal) or a salad (765 kcal)

Chicken & Brie 11.00

Grilled chicken breast pieces with gooey brie and back bacon in thick white bloomer bread

Choose from: skin-on fries (1267 kcal) or a salad (895 kcal)

Veg Market Melt V 9.35

Sliced grilled halloumi, flat mushrooms and red pesto in thick white bloomer bread

Choose from: skin-on fries (1326 kcal) or a salad (956 kcal)



*Try our house brew;
Bridgewater Ale 6.50*

TOP SIDES

Skin-on Fries VG GF (401 kcal) 4.75

with mayo V GF (+359 kcal) or BBQ VG GF (+79 kcal)

Add curry sauce V GF (+31 kcal) 1.50

Add rich onion gravy VG GF (+18 kcal) 1.50

Mixed Vegetables V GF 4.25

Broccoli, cauliflower, carrots, green beans and mangetout (140 kcal)

House Side Salad VG GF 4.25

Mixed salad leaves served with cucumber slices, cherry tomatoes and mint leaves, drizzled with pineapple dressing (29 kcal)

Beer Battered Onion Rings VG (365 kcal) 4.25

Manchester Caviar VG GF (88 kcal) 1.50

House mushy peas

Classic Desserts

Salted Caramel Cheesecake V 6.75

Vanilla cheesecake with salted caramel sauce and homemade Vimto compote (487 kcal)

Sticky Toffee Pudding V 6.75

With salted caramel sauce and vanilla ice cream (651 kcal)

Bread & Butter Pudding V 6.75

Served with vegan custard and vanilla ice cream (486 kcal)

Dark Chocolate Torte VG GF 6.75

Dark chocolate & coconut torte served with vegan stracciatella ice cream (434 kcal)

Manchester Tart V 7.50

A shortcrust pastry tart filled with raspberry jam, custard and Chantilly cream, sprinkled with coconut, topped with fresh raspberries (386 kcal)

Ice Cream Selection 6.50

Three scoops of your choice from:
 vanilla V GF (87 kcal per scoop),
 chocolate V GF (87 kcal per scoop),
 strawberry V GF (86 kcal per scoop),
 stracciatella VG GF (117 kcal per scoop)



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